Coverage for: Individual and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-775-7888. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-888-775-7888 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , office visits, outpatient services, medical supplies, and most home health services.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventative services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventative services at <u>www.healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other deductibles for specific services?	No. There are no other specific deductible.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,100 Individual \$12,200 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premium, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See	

OMB control number: 1545-0047, 1210-0147, and 0938-1146

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$35 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	None
If you visit a health care provider's office or	Specialist visit	\$85 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.
clinic	Preventive care/screening/immunization	No Charge Deductible does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$50 <u>Copay</u> /Visit (Lab) <u>Deductible</u> does not apply \$95 <u>Copay</u> /Visit (X-Ray) <u>Deductible</u> does not apply	Not Covered	None
	Imaging (CT/PET scans, MRIs)	\$325 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	None

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Medical Event Services You May Need		Out-of-Network Provider (You will pay the most)	Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.balancebycchp.com/find-a-pharmacy	Tier 1 - Generic drugs	\$15 Copay/Prescription (Retail) Deductible does not apply \$30 Copay/Prescription (Mail Order) Deductible does not apply	Not Covered	Covers up to 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Mail order prescription only covered at participating Chinese Hospital Pharmacy. Mail order is not available for Tier 4 - Specialty drugs. We will cover prescription filled out-of-network if they are related to care for a medical emergency or urgently needed care. If your prescription is not listed on the formulary, you can request for Preauthorization.
	Tier 2 - Preferred brand drugs	\$55 <u>Copay</u> /Prescription (Retail) <u>Deductible</u> does not apply \$110 <u>Copay</u> /Prescription (Mail Order) <u>Deductible</u> does not apply	Not Covered	
	Tier 3 - Non-preferred brand drugs	\$85 <u>Copay</u> /Prescription (Retail) <u>Deductible</u> does not apply \$170 <u>Copay</u> /Prescription (Mail Order) <u>Deductible</u> does not apply	Not Covered	
	Tier 4 - <u>Specialty drugs</u>	20% <u>Coinsurance</u> up to \$250/Prescription (Retail) <u>Deductible</u> does not apply	Not Covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.
surgery	Physician/surgeon fees	30% Coinsurance/Visit Deductible does not apply	Not Covered	Preauthorization_required.
	Emergency room care	\$350 <u>Copay</u> /Visit <u>Deductible</u> does not apply	\$350 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Copay is waived if admitted into the hospital.
If you need immediate medical attention	Emergency medical transportation	\$250 <u>Copay</u> /Trip <u>Deductible</u> does not apply	\$250 <u>Copay</u> /Trip. <u>Deductible</u> does not apply	None
	<u>Urgent care</u>	\$35 <u>Copay</u> /Visit <u>Deductible</u> does not apply	\$35 <u>Copay</u> /Visit <u>Deductible</u> does not apply	None

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.balancebycchp.com

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
stay	Physician/surgeon fees	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient Office Visit: \$35 Copay/Visit Deductible does not apply Other Outpatient Visits: \$35 Copay/Visit Deductible does not apply	Not Covered	Other outpatient services include: Mental health partial hospitalization, Mental health intensive outpatient treatment, Substance use disorder day treatment, and Substance use disorder intensive outpatient treatment.	
	Inpatient services	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
If you are pregnant	Office visits	No Charge <u>Deductible</u> does not apply	Not Covered	Cost sharing does not apply for preventive services. Depending on the type of services, a copayment may apply. Maternity care may include tests and services described	
	Childbirth/delivery professional services	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered		
	Childbirth/delivery facility services	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	elsewhere in the SBC (i.e. ultrasound).	
	Home health care	\$40 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Rehabilitation services	\$35 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
If you need help recovering or have other special health needs	Habilitation services	\$35 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Skilled nursing care	30% <u>Coinsurance</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required. Limited to 100 covered days every calendar year	
	Durable medical equipment	20% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.balancebycchp.com

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Hospice services	No Charge Deductible does not apply	Not Covered	Preauthorization required.
	Children's eye exam	No Charge Deductible does not apply	Not Covered	1 covered exam every calendar year
If your child needs dental or eye care	Children's glasses	No Charge <u>Deductible</u> does not apply	Not Covered	1 pair per calendar year - Frames will be covered in full from the VSP Pediatric Collection (or contact lenses in lieu of glasses)
	Children's dental check-up	No Charge Deductible does not apply	Not Covered	1 covered exam every 6 months

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.balancebycchp.com

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Infertility Treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: California Department of Managed Health Care, 1-888-466-2219. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Balance by CCHP at 1-888-775-7888, submit a grievance form through <u>www.balancebycchp.com/grievances-and-appeals</u>, or file your complaint in writing to, Balance by CCHP, 445 Grant Avenue, San Francisco, CA 94108. If you have a grievance against Balance by CCHP, you can also contact the California Department of Managed Health Care, at 1-888-466-2219 or <u>www.dmhc.ca.gov</u>

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-775-7888.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-775-7888.

Chinese (中文): 如果需要中文協助,請撥打這個號碼 1-888-775-7888.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-775-7888.

————To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

^{*} For more information about limitations and exceptions, see the plan or policy document at www.balancebycchp.com

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayments	\$85
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example. Peg would pay:

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Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$700		
Coinsurance	\$2,500		
What isn't covered			
Limits or exclusions	\$2,700		
The total Peg would pay is	\$5,900		

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$(
■ Specialist copayments	\$8
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$1,800	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions		
The total Joe would pay is \$2,0		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayments	\$85
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic tests (x-ray)

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
\$0	
\$1,300	
\$60	
What isn't covered	
\$0	
\$1,360	