Coverage for: Individual and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-775-7888. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-888-775-7888 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. All services are covered without meeting a <u>deductible</u> .	For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits.</u>
Are there other <u>deductibles</u> for specific services?	No. There are no other specific deductibles.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable.	This plan does not have an out-of-pocket limit on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable.	This plan does not have an out-of-pocket limit on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.balancebycchp.com/provider- search or call 1-888-775-7888 for a list of network providers.	This <u>plan</u> uses a <u>provider_network</u> . You will pay less if you use a <u>provider_in</u> the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays <u>(balance billing)</u> . Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

OMB control number: 1545-0047, 1210-0147, and 0938-1146

Released on January 2021

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	No Charge	Not Covered	None
If you visit a health care	Specialist visit	No Charge	Not Covered	Preauthorization required.
provider's office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge (Lab) No Charge (X-Ray)	Not Covered	None
,	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	None
	Tier 1 - Generic drugs	No Charge (Retail) No Charge (Mail Order)	Not Covered	Covers up to 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Mail order prescription only
If you need drugs to treat your illness or condition More information about	Tier 2 - Preferred brand drugs	No Charge (Retail No Charge (Mail Order)	Not Covered	covered at participating Chinese Hospital Pharmacy. Mail order is not available for Tier 4 - Specialty drugs.
prescription drug coverage is available at www.balancebycchp.com/ find-a-pharmacy	Tier 3 - Non-preferred brand drugs	No Charge (Retail) No Charge (Mail Order)	Not Covered	We will cover prescription filled out-of-network if they are related to care for a medical emergency or urgently needed care.
	Tier 4 - <u>Specialty drugs</u>	No Charge (Retail)	Not Covered	If you prescription is not listed on the formulary, you can request for <a href="Preauthorization">Preauthorization</a> .
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Preauthorization required.
surgery	Physician/surgeon fees	No Charge	Not Covered	Preauthorization required.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.balancebycchp.com

Common	Caminas Van Man Nasal	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Emergency room care	No Charge	No Charge	None	
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	None	
	<u>Urgent care</u>	No Charge	No Charge	None	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	Not Covered	Preauthorization required.	
stay	Physician/surgeon fees	No Charge	Not Covered	Preauthorization required.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient Office Visit: No Charge Other Outpatient Visits: No Charge	Not Covered	Other outpatient services include: Mental health partial hospitalization, Mental health intensive outpatient treatment, Substance use disorder day treatment, and Substance use disorder intensive outpatient treatment.	
abuse services	Inpatient services	No Charge	Not Covered	Preauthorization required.	
	Office visits	No Charge	Not Covered		
If you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	Maternity care may include test and services described elsewhere in this document (i.e. ultrasound).	
	Childbirth/delivery facility services	No Charge	Not Covered		
	Home health care	No Charge	Not Covered	Preauthorization required.	
If you need help recovering or have	Rehabilitation services	No Charge	Not Covered	Preauthorization required.	
other special health needs	Habilitation services	No Charge	Not Covered	Preauthorization required.	
	Skilled nursing care	No Charge	Not Covered	Preauthorization required. Limited to 100 covered days every calendar year.	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.balancebycchp.com

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event Services You May Ne		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Durable medical equipment	No Charge	Not Covered	Preauthorization required.	
	Hospice services	No Charge	Not Covered	Preauthorization required.	
	Children's eye exam	No Charge	Not Covered	1 covered exam every calendar year	
If your child needs dental or eye care	Children's glasses	No Charge	Not Covered	1 pair per calendar year - Frames will be covered in full from the VSP Pediatric Collection (or contact lenses in lieu of glasses)	
	Children's dental check-up	No Charge	Not Covered	1 covered exam every 6 months	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.balancebycchp.com

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Infertility Treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: California Department of Managed Health Care, 1-888-466-2219. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Balance by CCHP at 1-888-775-7888, submit a grievance form through <a href="https://www.balancebycchp.com/grievances-and-appeals">www.balancebycchp.com/grievances-and-appeals</a> or file you complaint in writing to, Balance by CCHP, 445 Grant Avenue, San Francisco, CA 94108. If you have a grievance against Balance by CCHP, you can also contact the California Department of Managed Health Care, at 1-888-466-2219 or <a href="https://www.dmhc.ca.gov">www.dmhc.ca.gov</a>

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-775-7888.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-775-7888.

Chinese (中文): 如果需要中文協助,請撥打這個號碼 1-888-775-7888.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-775-7888.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.——

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.balancebycchp.com

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	<b>\$</b> 0
■ Hospital (facility) copayment	<b>\$</b> 0
■ Other <u>Copayment</u>	<b>\$0</b>

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

### In this example, Peg would pay:

i illis example, reg would pay.		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$		
The total Peg would pay is	\$0	

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	\$0
■ Hospital (facility) copayment	\$0
■ Other <u>Copayment</u>	\$0

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost \$5,600

# In this example, Joe would pay:

i uno example, eee weala pay.			
Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions \$0			
The total Joe would pay is			

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	\$0
■ Hospital (facility) copayment	\$0
Other Copayment	\$0

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

### In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0