Coverage for: Individual and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-775-7888. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u>/ or call 1-888-775-7888 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$7,000/Individual or \$14,000/Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and outpatient services.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible_amount</u> . But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventative</u> <u>services</u> without cost sharing and before you meet your <u>deductible</u> . See a list of covered preventative services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No. There are no other specific deductibles.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,000 Individual / \$14,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premium, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.cchphealthplan.com/f">https://www.cchphealthplan.com/f</a> <a href="maily-member">amily-member</a> or call 1-888-775-7888 for a list of <a href="maily-network">network</a> <a href="maily-network">providers</a> .	This <u>plan</u> uses a <u>provider_network</u> . You will pay less if you use a <u>provider_in</u> the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider_intervolder_intervo</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	0% Coinsurance/Visit	Not Covered	None
If you visit a health	Specialist visit	0% Coinsurance/Visit	Not Covered	Preauthorization required.
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge. <u>Deductible</u> does not apply.	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% <u>Coinsurance</u> /Visit (Lab). 0% <u>Coinsurance</u> /Visit (X-Ray).	Not Covered	None
	Imaging (CT/PET scans, MRIs)	0% Coinsurance/Visit	Not Covered	None
	Tier 1 - Generic drugs	0% <u>Coinsurance</u> (Retail). 0% <u>Coinsurance</u> (Mail Order).	Not Covered	Covers up to 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Mail order prescription only
treat your illness or condition  More information about prescription drug	Tier 2 - Preferred brand drugs	0% <u>Coinsurance</u> (Retail). 0% <u>Coinsurance</u> (Mail Order).	Not Covered	Covered at participating pharmacies and Chinese Hospital Pharmacy. Mail order is not available for Tier 4 - Specialty drugs.
coverage is available at https://www.cchphealthplan.com/family-member	Tier 3 - Non-preferred brand drugs	0% <u>Coinsurance</u> (Retail). 0% <u>Coinsurance</u> (Mail Order).	Not Covered	We will cover prescription filled out-of- network if they are related to care for a medical emergency or urgently needed care.      If you prescription is not listed on the
	Tier 4 - Specialty drugs	0% <u>Coinsurance</u> (Retail).	Not Covered	formulary, you can request for Preauthorization.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% Coinsurance/Visit	Not Covered	Preauthorization required.
surgery	Physician/surgeon fees	0% Coinsurance/Visit	Not Covered	Preauthorization required.
If you need immediate	Emergency room care	0% Coinsurance/Visit	0% Coinsurance/Visit	Coinsurance is waived if admitted into the hospital.
medical attention	Emergency medical transportation	0% Coinsurance/Trip	0% Coinsurance/Trip	None

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.cchphealthplan.com.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	<u>Urgent care</u>	0% Coinsurance/Visit	0% Coinsurance/Visit	None
If you have a hospital	Facility fee (e.g., hospital room)	0% Coinsurance/Visit	Not Covered	Preauthorization required.
stay	Physician/surgeon fees	0% Coinsurance/Visit	Not Covered	Preauthorization required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient Office Visit: 0% Coinsurance/Visit Other Outpatient Visits: 0% Coinsurance/Visit	Not Covered	Other outpatient services include: Mental health partial hospitalization, Mental health intensive outpatient treatment, Substance use disorder day treatment, and Substance use disorder intensive outpatient treatment.
	Inpatient services	0% Coinsurance/Visit	Not Covered	Preauthorization required.
	Office visits	No Charge. <u>Deductible</u> does not apply.	Not Covered	Cost Sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	0% Coinsurance/Visit	Not Covered	services. Depending on the type of services, a copayment may apply. Maternity care may include test and services described elsewhere
	Childbirth/delivery facility services	0% Coinsurance/Visit	Not Covered	in this document (i.e. ultrasound).
	Home health care	0% Coinsurance/Visit	Not Covered	Preauthorization required.
If you need help	Rehabilitation services	0% Coinsurance/Visit	Not Covered	Preauthorization required.
recovering or have	Habilitation services	0% Coinsurance/Visit	Not Covered	Preauthorization required.
other special health	Skilled nursing care	0% Coinsurance/Visit	Not Covered	Preauthorization required. Limited to 100 covered days every calendar year.
Hecus	Durable medical equipment	0% Coinsurance	Not Covered	Preauthorization required.
	Hospice services	0% Coinsurance/Visit	Not Covered	Preauthorization required.
If your child needs dental or eye care	Children's eye exam	No Charge. <u>Deductible</u> does not apply.	Not Covered	1 covered exam every calendar year
	Children's glasses	No Charge. <u>Deductible</u> does not apply.	Not Covered	1 pair per calendar year - Frames will be covered in full from the VSP Pediatric Collection (or contact lenses in lieu of glasses)
	Children's dental check-up	No Charge. <u>Deductible</u> does not apply.	Not Covered	1 covered exam every 6 months

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.cchphealthplan.com.

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Infertility Treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: California Department of Managed Health Care, 1-888-466-2219. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Chinese Community Health Plan at 1-888-775-7888, submit a grievance form through <a href="https://www.cchphealthplan.com/family-member">https://www.cchphealthplan.com/family-member</a>, or file your complaint in writing to, Chinese Community Health Plan, 445 Grant Avenue, Suite 700, San Francisco, CA 94108. If you have a grievance against Chinese Community Health Plan, you can also contact the California Department of Managed Health Care, at 1-888-466-2219 or <a href="https://www.dmhc.ca.gov">http://www.dmhc.ca.gov</a>.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-415-834-2118

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-415-834-2118

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-415-834-2118

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-415-834-2118

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.cchphealthplan.com.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,000
■ Specialist Coinsurance	0%
■ Hospital (facility) Coinsurance	0%
■ Other Coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$7,000	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covere	ed	
Limits or exclusions	\$2,700	
The total Peg would pay is	\$9,700	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,000
■ Specialist Coinsurance	0%
■ Hospital (facility) Coinsurance	0%
■ Other Coinsurance	0%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,700

<u>Durable medical equipment</u> (glucose meter)

In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$5,400
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$5,420

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,000
■ Specialist Coinsurance	0%
■ Hospital (facility) Coinsurance	0%
■ Other Coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Tatal Francis Oast

\$5,600

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	

Cost Sharing		
\$2,400		
\$0		
\$0		
What isn't covered		
\$40		
\$2,440		

40 000